

What's Communication ?



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Definition :

Communication is the art of transmitting knowledge, ideas and information from one person to another.

the transfer should be such that the receiver understands the meaning and the intent of the message and give proper feedback.

Barriers :

There're 3 levels at which communication take place:

1. Noticing is done with senses and is at the physical level
2. Understanding is at the level of intelligence
3. Acceptance is at the emotional level

Anything that hinders the process of communication at any of these levels is a barrier to communication.

Barriers to communication can be defined as the aspects or conditions that interfere with effective exchange of ideas or informations

Classification of barriers :

There're multiple barriers that limit communication between people, we cite :

1. Physical
2. Language
3. Cultural
4. Pshychological

Physical barriers : is the environnemental and natural condition that act as a barrier in communication in sending messages from sender to receiver.

The major physical barriers are :

1. Time
2. Place
3. Noise
4. Space

Language barriers : are the most common communication barrier which cause misunderstandings and misinterpretations between people.

Cultural barriers : Cultures provide people ways of thinking, of seeing, hearing and interpreting the world, sometimes the same words can mean different things to people from different cultures even when they talk the same language.

Psychological barriers : there are various mental and psychological issues that may be barriers to effective communication. Some people have stage fear, speech disorders, phobia, depression etc. All of these conditions are very difficult to manage sometimes and will most certainly limit the ease of communication.

How to overcome ?

Barriers to communication can overcome by :

1. Checking whether it is a good time and place to communicate with the person
2. Being clear and using language that the person understands communicating one thing at a time.
3. Respecting a person's desire to not communicate.
4. Checking that the person had understood you correctly.
5. Communicating in a location that is free of distractions.
6. Acknowledging any emotional responses the person has to what you have said

Conclusion : Working on improving your communications is a broad-brush activity. You have to change your thoughts, your feelings and your physical connections. That way, you can break down the barriers that get in your way and start building relationship that really work.